



# Borderline Personality Disorder: Expression, Impact and Treatment across Life Stages

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A conference for mental health professionals

## SPECTRUM ANNUAL CONFERENCE

Human Personality undergoes continuous development and modification in response to maturation and environmental factors. Contemporary research recognises that Borderline Personality Disorder (BPD) changes across the life stages.

This conference will consider the prevention, diagnosis, early intervention and treatments across life stages, with eminent speakers presenting on BPD from childhood, through adolescence and adulthood to older age. Three concurrent workshops have also been planned for the afternoon.

## CONTACT

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## DATE & TIME

**FRIDAY 13<sup>th</sup> SEPTEMBER 2019**  
**8.30AM - 4.30PM**

## VENUE

### MELBOURNE EXHIBITION & CONVENTION CENTRE

1 Convention Centre Pl,  
South Wharf VIC 3006

## COST

**\$295**

Student or Eastern Health staff discount  
may be available.

## WEBSITE

[www.spectrumbpd.com.au](http://www.spectrumbpd.com.au)

## REGISTRATION LINK

[www.spectrumbpd.com.au/SpectrumConference2019](http://www.spectrumbpd.com.au/SpectrumConference2019)

**PROGRAM**

<b>8.30AM - 9.00AM</b>	<b>REGISTRATION</b>
9.00AM - 9.15AM	Welcome & Introduction
9.15AM - 10.00AM	Professor Andrew Chanen - Keynote - Early intervention for BPD in young people
10.00AM - 10:45AM	Associate Professor Loyola Mary McLean - Keynote - Disorganised attachment in infancy, childhood and adulthood: the "something that gets in the way"
<b>10.45AM - 11.15AM</b>	<b>MORNING TEA</b>
11.15AM - 12.00PM	Associate Professor Sathya Rao - BPD in Adulthood
12.00PM - 12:45PM	Associate Professor Josephine Beatson - BPD in the over 60's
<b>12.45PM - 1.30PM</b>	<b>LUNCH</b>
1.30PM - 3.00PM	Workshops
<b>3.00PM - 3.15PM</b>	<b>AFTERNOON TEA</b>
3.15PM - 4.30PM	Panel Discussion and Q & A
<b>4.30PM</b>	<b>CLOSE</b>

**WORKSHOPS**

**ALL WORKSHOPS  
1.30PM - 3.00PM**

Dr Louise McCutcheon,  
Clinical Psychologist,  
Orygen

**Relational clinical care  
for young people**

Ms Pip Bradley, Associate  
Clinical Director,  
Spectrum

**Dialectical Behaviour  
Therapy (DBT) across  
life stages**

Dr Hemalatha Jayaram,  
Clinical Psychologist,  
Peter James Centre

**Working with older age  
people with BPD**

**SPEAKERS**

**PROFESSOR ANDREW CHANEN**

Andrew is Head of Personality Disorder Research at Orygen, the National Centre of Excellence in Youth Mental Health and a Professorial Fellow at the Centre for Youth Mental Health, the University of Melbourne. He is also Director of Clinical Services at Orygen Youth in Melbourne. Andrew's clinical, research and knowledge translation interests lie in prevention and early intervention for severe mental disorders, principally personality disorder. He is a past President of the International Society for the Study of Personality Disorder (ISSPD) and the recipient of the 2017 Award for Distinguished Achievement in the Field of Severe Personality Disorder.

**ASSOCIATE PROFESSOR LOYOLA MARY McLEAN**

Associate Professor Loyola McLean is a Consultation-Liaison Psychiatrist and Psychotherapist in public, private and academic practice with interests in bodymind, the psychophysiology of stress system disorders, attachment, trauma and psychotherapy applied in an integrative way for recovery. She works in settings of acute, chronic and complex trauma across the continuum of care. She grounds her work in approaches that integrate Interpersonal Neurobiology such as the Conversational Model to help clinicians and patients engage in collaborative and therapeutic conversations that work towards recovery. She is a certified Adult Attachment Interview Coder and Trainer and is exploring her own Stolen story.

**ASSOCIATE PROFESSOR SATHYA RAO**

Associate Professor Rao has been a psychiatrist and a psychotherapist since 1991 and has specialised in the personality disorder field for over 20 years. He is the Executive Clinical Director of Spectrum. He has co-authored the NHMRC clinical practice guidelines for Management of BPD. He is a passionate advocate for people with personality disorder and is the Vice President of the Australian BPD Foundation.

**ASSOCIATE PROFESSOR JOSEPHINE BEATSON**

Associate Professor Beatson is a psychiatrist and psychoanalytic psychotherapist who has treated, supervised, written and presented on psychotherapeutic treatments for people with Borderline Personality Disorder (BPD) over many years. She was principal author of 'Borderline Personality Disorder: towards effective treatment', the first textbook on BPD written for clinicians working in Australia. She is currently particularly interested in improving the identification and treatment of BPD in old age.

**DR LOUISE McCUTCHEON**

Dr Louise McCutcheon is a clinical psychologist and jointly founded the evidence-based Helping Young People Early (HYPE) program, an early intervention program for BPD in young people, at Orygen Youth Health which she coordinated for 12 years. In her current role as Senior Program Manager in the Research & Translation Division of Orygen, the National Centre of Excellence in Youth Mental Health, she works with mental health services in Australia and internationally to implement evidence-based programs using a structured general approach called Relational Clinical Care for young people with BPD.

**ASSOCIATE CLINICAL DIRECTOR PIP BRADLEY**

Pip is the Associate Clinical Director of Spectrum. She has a background of 20 years experience in mental health nursing, most of those specialising in the treatment of borderline personality disorder across a range of clinical settings. Pip's interests are in workforce development and consultation to public, primary and non-government sectors, as well as provision of therapy to clients. Pip has predominantly specialised in Dialectical Behaviour Therapy, both as a therapist and as a training provider.

**DR HEMALATHA JAYARAM**

Dr Hemalatha Jayaram is a Senior Clinical Psychologist and academic and has worked for more than a decade in aged persons mental health at Eastern Health. Hema also runs a psychotherapy clinic for the elderly at Normanby House in St George's Hospital, for many patients diagnosed with chronic suicide risk and/or personality disorder. Hema is an Adjunct Research Fellow with Swinburne University of Technology where she supervises postgraduate students in the clinical psychology program and contributes substantially to their Wellbeing Clinic for Older Adults. Hema has a keen interest in working with personality disorder in older adults and is currently a research member on a multi-site research project with Spectrum, St George's and Eastern Health.



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Personality Disorder Service

Celebrating **20** years