

HOW TO GET SUPPORT

A guide for consumers and families using hospital based mental health services in Victoria

I AM IN HOSPITAL WITHOUT MY CONSENT

“COMPULSORY”

I want to know more about my rights while I am in hospital, and have more say in my treatment



Independent Mental Health Advocacy
1300 947 820
www.imha.vic.gov.au



Office of the Public Advocate

Office of the Public Advocate
1300 309 337
publicadvocate.vic.gov.au

Contact a Community Visitor

I want to apply to have my Treatment Order cancelled



Mental Health Tribunal
1800 242 703
www.mht.vic.gov.au

I need to talk to a lawyer about a Mental Health Tribunal hearing or legal issue



Victoria Legal Aid
1300 792 387
www.legalaid.vic.gov.au



Mental Health Legal Centre Inc.

Mental Health Legal Centre
9629 4422
www.mhlc.org.au

I want a Second Psychiatric Opinion on my mental health Act status or treatment



Second Psychiatric Opinion Service
1300 503 426
www.secondopinion.org.au

I have concerns about my treatment and experience with the hospital and want to discuss making a complaint



Mental Health Complaints Commissioner
1800 246 054
www.mhcc.org.au

I AM IN HOSPITAL WITH MY CONSENT

“VOLUNTARY”

I want to know more about my rights while I am in hospital, and have more say in my treatment



Victorian Mental Illness Awareness Council
(03) 9380 3900
www.vmiac.org.au



Office of the Public Advocate

Office of the Public Advocate
1300 309 337
publicadvocate.vic.gov.au

Contact a Community Visitor

I need to talk to a lawyer about a Mental Health Tribunal hearing or legal issue



Victoria Legal Aid
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MY FAMILY MEMBER OR FRIEND IS IN HOSPITAL

I want to know more about my rights as a carer (I need an advocate) and/or support



Tandem Carer Support and Referral Line
1800 314 325
www.tandemcarers.org.au

I have concerns about my treatment and experience with the hospital and want to discuss making a complaint



Mental Health Complaints Commissioner
1800 246 054
www.mhcc.org.au

I have concerns about the care being provided or need advice regarding guardianship/power of attorney/medical treatment decision making



Office of the Public Advocate

Office of the Public Advocate
1300 309 337
publicadvocate.vic.gov.au

MORE INFORMATION

These services are free and confidential for Victorians of all ages.

You have a right to communicate with them and to be supported to do so. If you need more information, or help (such as an interpreter or Aboriginal service), please ask a staff member.



Ask a staff member if you need help contacting these services, need an interpreter, or for brochures where available.