

After hours and emergency

Child Protection Emergency
13 12 78 (5PM to 9AM)
1300 664 977

Crisis Assessment and Treatment (CAT) Team
1300 558 862 www.health.vic.gov.au/mentalhealth/services/adult

E-headspace
Mental health support online and by phone
1800 650 890 www.eheadspace.org.au

Frontyard Youth Services
9611 2411 www.frontyard.org.au
1800 800 531 (After hours)

Kids Help Line
1800 551 800 www.kidshelpline.com.au

Lifeline
Mental health crisis support
13 11 14 www.lifeline.org.au

Maternal and Child Health Line (24-hour)
13 22 29

Men's Line
Family or relationship concerns
1300 789 978 www.mensline.org.au

Police Ashburton, Camberwell, Kew East
000 for all emergencies www.police.vic.gov.au

Salvation Army Crisis Service
Accommodation
1800 627 727 www.salvationarmy.org.au

Sexual Assault Crisis Line
1800 806 292

St Vincent's Emergency Care Centre
1300 606 024 (Nurse On Call) www.svhm.org.au

Suicide Helpline
1300 651 251 www.suicideline.org.au

Women's Domestic Violence Crisis Service
1800 015 188 www.safesteps.org.au

Youth Drugs and Alcohol Advice (YoDAA)
1800 458 685 www.yodaa.org.au

Accommodation

Salvation Army EastCare Hawthorn & Box Hill
9851 7800 www.salvationarmy.org.au/eastcare
1800 627 727

Anglicare Box Hill
9896 6322 www.anglicarevic.org.au

Frontyard Youth Services Melbourne CBD
9614 3688 www.melbournecitymission.org.au

UnitingCare Harrison Wantirna South
9871 8700 www.unitingcare.harrison.org.au

Counselling

headspace Hawthorn
9006 6500 www.headspace.org.au

CamCare Ashburton & Camberwell
9831 1900 www.camcare.org.au

Inner East Community Health

9180 3000 (Ashburton)
9818 6703 (Hawthorn) www.iehealth.com.au

Relationships Australia Victoria Kew
9261 8700 www.relationshipsvictoria.com.au

Anglicare Box Hill
9896 6322 www.anglicarevic.org.au

CatholicCare Malvern
9287 5555 www.ccam.org.au

Grief Line
9935 7400 www.griefline.org.au

Disability

DHS Disability Support Services
1800 783 783
www.dhs.vic.gov.au/for-individuals/disability

National Disability Insurance Scheme (NDIS)
1800 242 696 La Trobe Community Health

Villa Maria Kew
9855 7600 / 1800 036 377 www.vmch.com.au

Interchange Inner East Canterbury
9836 9811 www.interchangeie.org.au

Listen and Learn Centre Balwyn
9816 8811 www.listenandlearn.com.au

Aspect Victoria Hawthorn
8808 6500 / 1800 277 328
www.autismspectrum.org.au/

chooseandconnect Ashburton
9885 7789 www.craigfc.org.au

Ability Works Australia Kew
9853 7080 www.abilityworks.com.au

Autism Behavioural Intervention Association Canterbury
9830 0677 www.abia.net.au

Job Co. Balwyn
9356 8600 www.jobco.com.au

Yooralla – Respite Information and Development in the East Surrey Hills
1300 886 798 www.respiteeast.org.au

Huntington's Victoria Hawthorn
1800 063 501 www.huntingtonsvic.org.au

Association for Children with a Disability Hawthorn
9800 7000 www.acd.org.au

Care Connect Doncaster
1800 692 464 www.careconnect.org.au

Irabina Bayswater
9720 1118 www.irabina.com

Alkira Mont Albert & Box Hill
9890 1365 www.alkira.org.au

Family Planning Victoria Box Hill
9257 0131 www.fpv.org.au

Youth Disability and Advocacy Service Melbourne CBD
9267 3709 www.ydas.org.au

Drugs and alcohol

YSAS (Youth Support and Advocacy Service) Box Hill
9890 7855 www.ysas.org.au

Inner East Drug and Alcohol Service Hawthorn & Box Hill
9810 3000 www.iechs.com.au

Inner East AOD Intake and Assessment (16 + yrs)
8413 8413 / 1800 778 278
www.turningpoint.org.au

headspace Hawthorn
9006 6500 www.headspace.org.au

Youth Drugs and Alcohol Advice (YoDAA)
1800 458 685 www.yodaa.org.au

Poison Information Centre
13 11 26 www.austin.org.au/poisons

Foot Patrol Melbourne CBD
0412 155 491—Lachlan / 1800 700 102
www.youthprojects.org.au

Family Drug Help (CBD area)
1300 660 068 / 9573 1700
www.sharc.org.au/program/family-drug-help

Eating disorders

Body Image Eating Disorders Treatment and Recovery Service Kew
9231 5718 www.svhm.org.au/services

Eating Disorders Victoria Abbotsford
1300 550 236 www.eatingdisorders.org.au

The Butterfly Foundation
1800 334 673 www.thebutterflyfoundation.org.au

Education, training and employment

Ostara Australia South Yarra
9823 7600 www.ostara.org.au

EACH Employment Services Box Hill
8892 4200 / 1300 003 224
www.eachemployment.com.au

UnitingCare Harrison Knox
9871 8700 www.unitingcareharrison.org.au

Springboard Program—KYM Ringwood
1800 988 721 / 9722 5777
www.kym.com.au

Inner East Local Learning and Employment Network St Kilda
9510 5444 www.iellen.org.au

Inner Melbourne VET Cluster South Melbourne
9686 2354 www.imvc.com.au

Youth Employment Scheme DEDJTR Victoria
www.dsdbi.vic.gov.au/careers

Family support	
Child FIRST	Boroondara
1300 762 125	www.dhs.vic.gov.au
Child Protection	Box Hill
1300 360 391	www.dhhs.vic.gov.au
CamCare	Ashburton & Camberwell
9831 1900	www.camcare.org.au
Relationships Australia Victoria	Kew
9261 8700	www.relationshipsvictoria.com.au
Anglicare	Box Hill
9896 6322 / 9735 4188	www.anglicarevic.org.au
UnitingCare Connections	Blackburn
9875 4222	www.connections.org.au
CatholicCare	Malvern
9287 5555	www.ccam.org.au

Family violence	
Eastern Domestic Violence Outreach Service	
9259 4200	www.edvos.org.au
Women's Domestic Violence Crisis Service	
1800 015 188	www.safesteps.org.au
CamCare	Ashburton & Camberwell
9831 1900	www.camcare.org.au
Inner East Community Health	
9885 6844 / 9818 6703	Ashburton / Hawthorn www.iehealth.com.au
Relationships Australia Victoria	Kew
9261 8700	www.relationshipsvictoria.com.au
Eastern Centre Against Sexual Assault	Ringwood East
9870 7310	www.casa.org.au
Men's Referral Service	
1300 766 491	www.ntv.org.au
Anglicare Meridian	Box Hill
9896 6322	www.anglicarevic.org.au

Gambling	
Access Health and Community	Ringwood
1300 003 224	www.each.com.au
Gambler's Help Youthline	
1800 262 376	www.responsiblegambling.vic.gov.au
Gambling Help Online	
1800 858 858	www.gamblinghelponline.org.au

Health	
Inner East Community Health	
9885 6844 (Ashburton)	
9818 6703 (Hawthorn)	www.iechs.com.au
Swinburne University Health Services	Hawthorn
9214 8483	www.swinburne.edu.au/stuserv/health
EACH Youth Clinic	Ringwood
9871 1802	www.each.com.au
Family Planning Victoria	Box Hill
9257 0100	www.fpv.org.au
Well Women's Clinic	Ringwood East
1300 003 224	www.each.com.au/service/well-womens-clinic/
Eastern Centre Against Sexual Assault	Ringwood East
9870 7310	www.casa.org.au
Melbourne Sexual Health Centre	Carlton
9341 6200	www.mshc.org.au

Legal	
Eastern Community Legal Centre	Box Hill
9285 4822	www.eclc.org.au
Youthlaw	Melbourne CBD
9611 2412	www.youthlaw.asn.au
Victoria Legal Aid	CBD and Ringwood
1300 792 387	www.legalaid.vic.gov.au
Brosnan Services East	Box Hill
9899 0736	www.jss.org.au
RAMP Program—Whitelion and Reach	
8354 0800 / 1300 669 600	www.whitelion.asn.au

Material aid	
Boroondara Youth Services	Hawthorn
9835 7824	www.boroondara.vic.gov.au/residents/youth-services
CamCare	Ashburton & Camberwell
9831 1900	www.camcare.org.au
Salvation Army	Camberwell
9889 2468	www.salvationarmy.org.au

Mental health	
headspace	Hawthorn
9006 6500	www.headspace.org.au
Austin Child and Adolescent Mental Health Service	Heidelberg
9496 3620 / 1300 859 789	www.austin.org.au/mentalhealth/CAMHS/
Eastern Mental Health Community Intake	
1300 785 358 (Central Intake)	www.each.com.au
Inner East Community Health	
9885 6822 (Ashburton)	
9818 6703 / 9810 3000 (Hawthorn)	www.iechs.com.au

Community Recreation Outreach Program	Kew
9853 6177	www.boroondara.vic.gov.au
Swinburne Psychology Clinic	Hawthorn
9214 8653	www.swinburne.edu.au/lss/psychology/pc
Boroondara Mental Health Triage Service	
9231 4666	www.svhm.org.au
Community Care Unit	Fitzroy
9481 5644	www.svhm.org.au/gp/mentalhealth
Neami Inner East Partners in Recovery	Hawthorn
1300 785 358	www.neaminational.org.au
Job Co. (PHaMS)	Balwyn
9356 8600	www.jobco.com.au
Mary Guthrie House	Kew
9490 7366	www.austin.org.au/bdp
EACH Carer Respite Service	Ringwood
1300 003 224	www.each.com.au
Anxiety Disorders Association of Victoria	Kew
9853 8089 (Wed–Fri)	www.adavic.org.au
Families Where a Parent Has a Mental Illness	Ringwood East
9871 3988	www.easternhealth.org.au
Private Psychologists	Boroondara
www.acpa.org.au/find-a-clinical-psychologist	
www.psychology.org.au/findapsychologist/	

Multicultural	
Migrant Information Centre	Box Hill
9285 4888	www.miceastmelb.com.au
EACH Refugee Health Program	East Ringwood
9837 3999 / 1300 003 224	www.each.com.au
Victorian Transcultural Mental Health	Fitzroy
9231 3300	www.vtmh.org.au

Foundation House	Ringwood
9389 8700	www.foundationhouse.org.au
inTouch Multicultural Centre Against Family Violence	
1800 755 988	www.intouch.asn.au
Translating and Interpreting Service	
13 14 50	www.tisnational.gov.au
Centrelink Multilingual Phone Service	
131 202	www.humanservices.gov.au/customer/information-in-your-language/
Centre for Multicultural Youth	Carlton
9340 3700	www.cmy.net.au

Parenting	
Maternal and Child Health Service	Boroondara
9278 4606	www.boroondara.vic.gov.au
Anglicare Parentzone	Lilydale
9735 4188	www.anglicarevic.org.au
Anglicare Parentzone	Lilydale
9735 4188	www.anglicarevic.org.au
Family Access Network	Box Hill
9890 2673	www.fan.org.au
UnitingCare Connections	Croydon & Ringwood
9724 2222	www.connections.org.au
Parentline Victoria	
13 22 89 (7 days)	www.education.vic.gov.au

SSAGD	
Gay and Lesbian Switchboard	
1800 184 527	www.switchboard.org.au
Rainbow Network	
9479 8870	www.rainbownetwork.com.au
Minus 18	Melbourne CBD
	www.minus18.org.au
Action Centre (Family Planning Victoria)	Melbourne CBD
9660 4700	www.fpv.org.au
Victorian AIDS Council	See website for locations
1800 889 887	www.vac.org.au
Melbourne Sexual Health Centre	Carlton
9341 6200	www.mshc.org.au

Youth outreach and support	
Boroondara Youth Services	Hawthorn
9835 7824	www.boroondara.vic.gov.au/residents/youth-services
Inner East Drug and Alcohol Service	Hawthorn & Box Hill
9810 3000	www.iechs.com.au
YSAS (Youth Support and Advocacy Service)	Box Hill
1800 458 685	www.ysas.org.au
UnitingCare Harrison	Wantirna South
9871 8700	www.harrison.org.au
Community Centres and Neighbourhood Houses	
10 centres locally. May offer youth programs.	
www.boroondara.vic.gov.au/our-city/community/centres	

In an emergency, call 000

This guide contains information about support services available to young people who live, work or study in the City of Boroondara. Boroondara City Council reserves the right to exclude entries from the guide. Inclusion of a service is not an endorsement by Council. Information was correct at time of publication. For additions or corrections, please contact youth.services@boroondara.vic.gov.au

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