

Psychologists

RESOURCES:

Some possible pathways to counselling include:

SOURCE	CONTACT DETAILS/LINK	DESCRIPTION
Australian Psychological Society (APS)	https://www.psychology.org.au/Find-a-Psychologist	Australian Psychological Society Find a Psychologist service. This website will allow you and your doctor to locate a psychologist in your local area.
La Trobe Psychology Clinic University of Melbourne Psychology Clinic Monash Psychology Centre	https://www.latrobe.edu.au/psychology-clinic https://www.monash.edu/turner-institute/research-clinics/mpc https://psychologicalsciences.unimelb.edu.au/psychology-clinic/home	If you have limited finances, psychology clinics at La Trobe University and Monash University, and subsidised psychology sessions are available. Clinics are run by psychology departments, and you will be assessed by a provisional psychologist receiving supervision by a qualified psychologist. Please refer to relevant websites for further information.
Swinburne Psychology Clinic Victoria University Psychology Clinic	http://www.swinburne.edu.au/lss/psychology/pc/ https://www.vu.edu.au/about-vu/facilities-services/our-services/health-wellbeing-clinics/psychology-clinic	